Assignment 5.2

Making Dinner VSM

A diagram of a recipe

Description automatically generated

Estimated Flow Time

|  |  |
| --- | --- |
| Prep | 5 minutes |
| Cook | 30 minutes |
| Clean Up | 30 minutes |

Estimated Cycle Time: 1 hour 5 minutes

Optimizing Time:

Pre-prepared ingredients: Purchasing pre-chopped vegetables and pre-portioned ingredients such as seasoning packets can save time in the prep phase, up to 5 minutes.

Use of a dishwasher: The use of a dishwasher, already in place, eliminates the need for washing dishes by hand and saves time.

Cook Time: Depending on the meal cooked, the cook time may not require the full 30 minutes. Meal planning for quicker meals can save up to 20 minutes in the cooking phase.